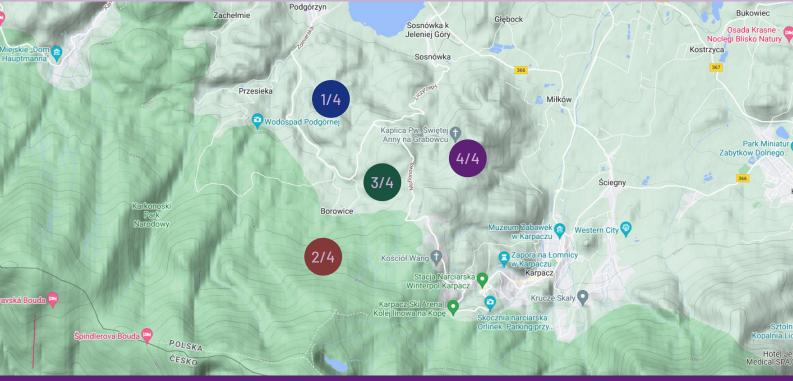




Abstract

First of all, we would like to thank you for the trust you have shown us by coming in such large number to the second edition of the Sudety Cup. It was more than 900 athletes and in our wildest dreams we did not expect so huge interest in the event. But Sudety Cup has never been about the numbers - we never planned to break any records. Our goal is and will always be the athlete and what emotional baggage they will gain from our event. Unique terrains, accurate maps and challenging courses are the means to achieve this goal. That is why we invite you to Borowice, village hidden among mountain wilderness, where you will have the opportunity to taste all best that orienteering has to offer. As always following our **#SlowEvent** philosophy.

- Wojtek Dwojak and Jacek Morawski







^{1/4} Broniów

middle distance 27.07.2023

2/4 Karpacz

long distance 28.07.2023





middle distance 29.07.2023

4/4 Sosnówka

> chasing start 30.07.2023



Organizer

Dolnośląski Związek Orientacji Sportowej ul. Borowska 1-3 50-529 Wrocław

Organizing committee

Event director – **Wojciech Dwojak** Main referee – **Jacek Morawski** Start – **Arleta Sosenko** SPORTident – **Marcin Leśnicki** Cartography – **Wojciech Dwojak**, **Jacek Morawski**



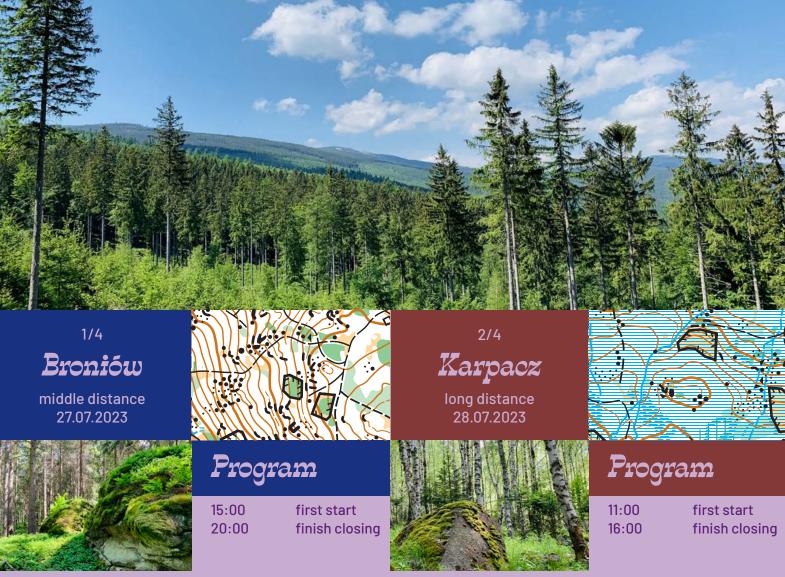
Polish Orienteering Association Karkonoski National Park Forest Inspectorate Śnieżka

Event rank

4-stage national ranking event.

27-30.07.2023





In 2023 Sudety Cup goes to its backwoods which is the highest mountain range of Sudety Mountains named Karkonosze Mountains. Already the first stage will show that the third edition of our event has to be taken seriously. The athletes will face a technically demanding terrain with a large number of rocks and boulders located on a steep slope, so the ability to maintain correct altitude and precise reading of conrol descriptions will be especially useful. The forest itself will be the most enjoyable to run of all stages. In a word, it will be a **fast and technical** opening of the event.

During this stage you will feel like conquering the highest peaks of Karkonosze. The event area reaches almost 1000 meters above sea level, so the forest where you will compete is the wildest of all four stages, in many moments reminiscent of the Jizera backwoods where animals, not people, rule. When running on a steep slope you will have the opportunity to face numerous streams, marshes, spruce thickets and stony ground that will not make it an easy race. The second stage will be **hard and physical**, but also extremely epic.

<section-header>

27-30.07.2023





It has become a tradition that the third stage is the most demanding race of Sudety Cup - it will be no different this time. This middle distance will be characterized by high variability in all aspects. After two stages where you will face a lot of slope running, this time you will meet hilly terrain with many thickets, areas with limited visibility, marshes, water courses, as well as boulders and rocks. But it is breathtaking views of the Karkonosze peaks that will be the main feature of this stage. In short, it is going to be **beautiful and technical**. The fourth stage is crème de la crème of this edition of Sudety Cup. You will experience an exciting and spectacular chasing start beginnning from the Event Center with a picturesque view of Śnieżka. The event area will consist of two parts, one overgrown with deciduous forest, the other one with coniferous forest. Both parts will abound in rock features and boulders, moreover, both will surprise you with their rich vegetation. Get ready for two different experience that will require your highest skills. This stage will be both **challenging and spectacular**.







Entries

The deadline for all entries is **17.07.2023** or (if earlier) reaching the participant limit. Entries are to be made via Polish Orienteering Association entry system: https://orienteering.org.pl/pzos/entries

Participant limit

Limit of event participants is set at **900** athletes. After reaching the limit entries will be closed and registration of additional athletes will be possible only in the case of withdrawal of athletes entered within the limit.

Classes

KM10, KM12, KM14, KM16, KM18, KM20, KM21, KM21E, KM35, KM40, KM45, KM50, KM55, KM60, KM65, KM70, KM75, KM80, KM85, KM90 (K for women, M for men) Open classes: Rodzinna (Family), Krótka (Short), Średnia (Middle), Długa (Long)

The organizer reserves the right to combine classes in case of small number of entries.

Cancellations

It is possible to modify your entry details free of charge (including its cancellation) until **17.07.2023**. In case of entry cancellation after 17.07.2023 we do not provide any refund.



Fees

	1st deadline 30.04.2023	2nd deadline 17.07.2023	late entry
KM10-KM14	20 PLN / stage	25 PLN / stage	30 PLN / stage
Rodzinna,	80 PLN /	100 PLN /	120 PLN /
Krótka	4 stages	4 stages	4 stages
KM16 and older,	40 PLN / stage	50 PLN / stage	60 PLN / stage
Średnia,	160 PLN /	200 PLN /	240 PLN /
Długa	4 stages	4 stages	4 stages

The validity of the entry within a given deadline is determined by entry fee payment to the organizer's account, not by the fact of just registering an entry via entry system.

Payments

Dolnośląski Związek Orientacji Sportowej ul. Borowska 1-3 50-529 Wrocław Poland IBAN : PL8711602202000000230177716 SWIFT: BIGBPLPW

Please include participant details (name and club) and "Sudety" word in bank transfer description.

We provide payment options also in Koruna česká (CZK) and Euro (EUR). Please find all entry fees and payment details on our website and choose the preferred currency.





Punching system

SPORTident system will be used for punching during the event. The stations will operate in AIR+ mode.

It is possible to rent a SPORTident card from the organizer for 5 PLN / stage. Please submit your request by e-mail (sudety@sudetycup.pl) by 17.07.2023.

Environment sustainability

Respecting the surrounding nature is extremely important, therefore during the competition we will try to reduce the negative impact of our event on the environment as much as possible – we will try to minimize the amount of generated waste and replace plastic with paper products where possible.

Prize

Gifts and diplomas for the TOP3 participants in each class in the general classification after four stages will be awarded.

Additional information

- The organizer provides medical care during the event
- The organizer has a valid third party insurance
- The organizer is not responsible for individual insurance of the participants
- The organizer is not financially responsible for any items lost during the event
- The event takes place in accordance with the guidelines and regulations of the Polish Government, the

In case of event cancellation due to any government restrictions connected with COVID-19 pandemic, the organizer will provide 100% refund of all paid entry fees.

COVID-19 policy

Minister of Health, the Minister of Sport and Tourism and the Chief Sanitary Inspector in force on the day of the competition.

- The organizer reserves the right to the final interpretation of this Bulletin
- By registering for the event you accept this Bulletin
- Further information about the event can be found at sudetycup.pl



27-30.07.2023

