



#### ABSTRACT

It seems that the second edition of each event should be better than the first. In 2023 we presented our Mazury Cup concept which means both unique and pristine areas, as well as event centers with direct access to the lakes, decorated with the idyllic atmosphere of first days of summer. Now, we face another challenge - to surprise you with something better. Will that be three completely different stages? Will the finish line located on the sandy beach of Gim Lake be a valuable culmination to the demanding long distance race? Or maybe something else will constitute the strength of 2024 edition? We should assume that these are rhetorical questions and the best way to answer them will be to come to Butryny area during the last weekend of June. Welcome!

- Wojtek Dwojak and Jacek Morawski







#### ORGANIZER

Dolnośląski Związek Orientacji Sportowej ul. Borowska 1-3 50-529 Wrocław, Poland

#### **CO-ORGANIZER**

Fundacja Slow Event ul. Lindleya 16 02-013 Warszawa, Poland

#### ORGANIZING COMMITTEE

Event Director Main Referee Start SPORTident Cartography Wojciech Dwojak Jacek Morawski Arleta Sosenko Marcin Leśnicki Wojciech Dwojak, Jacek Morawski



Polski Związek Orientacji Sportowej Forest Inpectorate Jedwabno Jedwabno Community

#### **EVENT RANK**

3-stage national ranking event.



#### 28-30.06.2024





#### WATER

There will be self-service refreshment points for longest classes competitors during 2nd and 3rd stage. Refreshment points will be located on a leg between controls and marked on the map.

#### START PROCEDURE

SI clear before start boxes

- -3' SI check
- -2' control descriptions
- -1' maps (athlete can take the map in the moment of the start beep on the clock)

80-110 m marked route from timed start to start triangle

#### TIME LIMIT

### **1ST STAGE START**

Stage 1120 minutesStage 2180 minutesStage 3120 minutes

During the 1st stage Enka, Rodzinna, Krótka and KM10 classes will have the start located in the Event Center. During the stages 2nd and 3rd the start of these classes is located in the same place as the start of the remaining classes.

## KM10

During 1st stage there will be a short marked route to one of control points on KM10 courses. It will be marked with a marked route symbol on the map (dotted line instead of solid line) and with orange ribbons in the forest.

## OPEN CLASSES

There is no start time assignment for open classes, you can start in the first two hours of the start time (00-120').

Participants competing in both sport classes and open classes with children are asked to do the sport classes course first in order to maintain fair play rules.



## MARKED COURSES

Enka and Rodzinna courses will be marked with orange ribbons.

Two maps will be prepared at the start for each registered competitor in Rodzinna class - one for the child, the other one for the parent.

#### PUNCHING SYSTEM

SPORTident system in AIR+ mode will be used for punching during the event.

#### CONTROL DESCRIPTIONS

Printed on the map and separate descriptions available at start.

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## CHASING START

3rd stage will include a chasing start for all classes (apart from open classes). Competitors in each class will start in accordance with the following rules:

- the best competitor after two stages in each class starts as the first one,
- the next competitors in each class start according to the time losses to the leader (up to 30 minutes loss),

- competitors who are more than 30 minutes behind the leader after three stages start in the interval start.

#### CAFETERIA

There will be a cafeteria during each stage at the Event Center. Simple barbecue dishes and drinks will be offered. Payment only in cash in Polish złoty.

#### OUT-OF-BOUNDS AREA

In the area of 2nd stage there is a peat bog which is a refuge for protected species, therefore this area is excluded from use during the event. It will be marked on the map with the symbol **709 Out-of-bounds area** and entering there is forbidden.

#### ENVIRONMENT

Respecting the surrounding nature is extremely important, therefore during the competition we will try to reduce the negative impact of our event on the environment as much as possible – we will try to minimize the amount of generated waste and replace plastic with paper products where possible. You can also help us with this – bring your own reusable cups for water at the finish line.









#### TOILETS

Toilets will be available only in Event Center.



## KID'S ZONE

MAPS

There will be Kid's zone with attractions for the youngest organized at each stage at the Event Center. Also, a special Miniknat course for children located next to the Event Center will be available. Both Kid's zone and Miniknat will be free of charge and available to all willing children without prior registration.

	STAGE 01	STAGE 02	STAGE 03
Rodzinna, Enka, Krótka	1:7 500 e-2,5 m 210x297 mm	1:7 500 e-2,5 m 210x297 mm	1:7 500 e-2,5 m 210x297 mm
KM50-75	1:7 500 e-2,5 m 210x297 mm	1:7 500 e-2,5 m 297x420 mm	1:7 500 e-2,5 m 420x297 mm
K21E, M20, M21, M21E, M35	1:10 000 e-2,5 m 210x297 mm	1:10 000 e-2,5 m 297x420 mm	1:10 000 e-2,5 m 297x210 mm
Remaining classes	1:10 000 e-2,5 m 210x297 mm	1:10 000 e-2,5 m 210x297 mm	1:10 000 e-2,5 m 297x210 mm

All maps prepared according to ISOM 2017-2 in 2024. Digital print, sealed in plastic bags.

Maps will not be collected at the finish, so please follow fair play rules and do not show the maps to competitors who have not already started.



#### **FEES**

	KM10-14 Rodzinna Enka	KM16-20 KM65 and older Krótka Średnia	KM21-60 Challenge Ultra
1st deadline	20 PLN / stage	35 PLN / stage	45 PLN / stage
30.04.2024	60 PLN / 3 stages	105 PLN / 3 stages	135 PLN / 3 stages
2nd deadline	25 PLN / stage	40 PLN / stage	55 PLN / stage
17.06.2024	75 PLN / 3 stages	120 PLN / 3 stages	165 PLN / 3 stages
late entry	30 PLN / stage	45 PLN / stage	65 PLN / stage
	90 PLN / 3 stages	135 PLN / 3 stages	195 PLN / 3 stages

#### PRIZE

Gifts and diplomas for the TOP3 participants in each class in the general classification after three stages will be awarded. All K10, M10, Enka and Rodzinna class participants will be awarded small gifts.

Prize-giving ceremony is scheduled for 14:00 on Sunday. Winners will be awarded in the following order: veterans, children, juniors, seniors.

#### PAYMENTS

Dolnośląski Związek Orientacji Sportowej ul. Borowska 1-3 50-529 Wrocław Poland IBAN : PL8711602202000000230177716 SWIFT: BIGBPLPW

Please include participant details (name and club) and "Mazury" word in bank transfer description.

The validity of the entry within a given deadline is determined by entry fee payment to the organizer's account, not by the fact of just registering an entry via entry system.

We also accept payment in Euro (EUR). Please find all entry fees and payment details on our website and choose the preferred currency.

#### ADDITIONAL INFORMATION

- The organizer provides medical care during the event.
- The organizer has a valid third party insurance.
- The organizer is not responsible for individual insurance of the participants.
- The organizer is not financially responsible for any items lost during the event.
- The organizer reserves the right to change the event program, as well as to cancel the event due to force majeure.
- The organizer reserves the right to the final interpretation of this Bulletin.
- By registering for the event you consent to the publication of your image on the website mazurycup.pl, in the organizer's social media and in other promotional materials.
- By registering for the event you accept this Bulletin.
- Further information about the event can be found at mazurycup.pl.



#### 28-30.06.2024











## LOCATION

**Meadow by Czarne Lake** GPS: 53.545701, 20.625579

During the first stage, you will face fast terrain with smooth and nonobvious micro-relief. It will be crucial to slam on the brakes at the right moments to avoid making mistakes. Moreover, at this stage there will be some history in the background - the woods are full of remnants of defensive fortifications from World War II, mainly bunkers buried in the forest wilderness. In short, it will be a **fast** and **tricky** stage, perfect for getting to know the characteristics of the masurian terrain.

## PROGRAM

16:30 20:00

first start finish closing



EC



## START

1500 m from Event Center to start, follow red ribbons

## PARKING

Free car parking located along the road to Event Center, distance 100-300 m.

NATIONAL ROAD 58

PARKING

28-30.06.2024



# STAGE 02



29.06.2024

The terrain of the second stage is completely different from the first one. The relief is not as complicated, but in return you will experience great variability in the vegetation and numerous marshes. When describing the second stage it is impossible not to mention the finish line located on the beach of Gim Lake. It is known to be one of the cleanest lakes in Poland and always dazzles with its azure water. As befits a decent classic - it will be a **long** and **epic** race.

#### START

500 m from Event Center to start, follow red ribbons



#### PROGRAM

11:00 16:00 first start finish closing



#### PARKING

Free car parking located along the road to Event Center, distance 200-400 m.

#### LOCATION

**Beach by Gim Lake** GPS: 53.576963, 20.603619

PARKING

START 500 M

EC



28-30.06.2024



# STAGE 03



The final chasing start will be held in a terrain that is a mixture of the two previous stages. You will face both hilly areas with multiple contours, as well as those offering diverse vegetation and picturesque marshes. Finish line will be located in the charming settlement of Bałdzki Piec whose inhabitants remember orienteering events that were held in the nearby woods in the 1980s. During this stage **fast legs** and **cool head** will certainly come in handy.

#### START

600 m from Event Center to start, follow red ribbons



#### PROGRAM

10:30 14:00 first start finish closing



START 600 M

#### LOCATION

**Meadow by Łowne Duże Lake** GPS: 53.602106, 20.639989



#### PARKING

Free car parking located on the same meadow as Event Center.

PARKING



EC

28-30.06.2024



COURSE DETAILS			_

	1/3	2/3	3/3
	CZARNY PIEC	JEZIORO GIM	BAŁDZKI PIEC
к10	<ul> <li>✓<sup>O</sup> 1,9 km</li> <li>✓ 8 CP</li> <li>✓ 35 m</li> </ul>	♥ <sup>●</sup> 2,7 km I 7 CP I 40 m	▽ <sup>O</sup> 2,4 km ☑ 7 CP ☑ 25 m
К12	<ul> <li>✓<sup>O</sup> 2,8 km</li> <li>✓ 10 CP</li> <li>✓ 55 m</li> </ul>	▽ <sup>O</sup> 3,2 km ☑ 8 CP ☑ 50 m	▽ <sup>O</sup> 2,9 km ☑ 8 CP ☑ 50 m
K14	▽ <sup>O</sup> 3,4 km ☑ 13 CP ☑ 60 m	▽ <sup>O</sup> 4,1 km ☑ 8 CP ☑ 60 m	▽ <sup>O</sup> 3,4 km ☑ 8 CP ☑ 75 m
К16	∽ <sup>O</sup> 3,7 km ☑ 14 CP ☑ 70 m		▽ <sup>O</sup> 4,6 km ☑ 11 CP ☑ 105 m
К18		∽ <sup>O</sup> 5,8 km ☑ 11 CP ☑ 90 m	▽ <sup>O</sup> 4,8 km ☑ 15 CP ☑ 110 m
K20	<ul> <li>✓<sup>O</sup> 4,2 km</li> <li>✓ 16 CP</li> <li>✓ 80 m</li> </ul>	▽ <sup>O</sup> 7,2 km ☑ 13 CP ☑ 110 m	▽ <sup>O</sup> 5,6 km ☑ 15 CP ☑ 140 m
K21	<ul> <li>✓<sup>O</sup> 4,1 km</li> <li>✓ 16 CP</li> <li>✓ 80 m</li> </ul>	<ul> <li>✓<sup>O</sup> 6,6 km</li> <li>✓ 12 CP</li> <li>✓ 105 m</li> </ul>	▽ <sup>O</sup> 5,5 km ☑ 11 CP ☑ 130 m
K21E	<ul> <li>✓<sup>O</sup> 5,2 km</li> <li>✓ 19 CP</li> <li>✓ 100 m</li> </ul>	♥ <sup>●</sup> 8,7 km ■ 16 CP ▲ 130 m	▽ <sup>O</sup> 6,9 km ☑ 18 CP ☑ 165 m
K35	<ul> <li>✓<sup>O</sup> 3,9 km</li> <li>✓ 15 CP</li> <li>✓ 75 m</li> </ul>	∽ <sup>O</sup> 5,8 km ☑ 11 CP ☑ 90 m	▽ <sup>O</sup> 4,8 km ☑ 15 CP ☑ 110 m
K40	∽ <sup>o</sup> 3,7 km ☑ 14 CP ☑ 70 m	☞ <sup>O</sup> 5,0 km ☑ 10 CP ☑ 85 m	▽ <sup>O</sup> 4,6 km ☑ 11 CP ☑ 105 m
K45	<ul> <li>✓<sup>O</sup> 3,5 km</li> <li>☑ 13 CP</li> <li>☑ 65 m</li> </ul>	▽ <sup>Ϙ</sup> 4,5 km ☑ 9 CP ☑ 70 m	▽ <sup>O</sup> 4,1 km ☑ 10 CP ☑ 90 m



	1/3 CZARNY PIEC	2/3 JEZIORO GIM	3/3 BAŁDZKI PIEC
K50	<ul> <li>✓<sup>O</sup> 3,3 km</li> <li>✓ 13 CP</li> <li>✓ 60 m</li> </ul>	▽ <sup>O</sup> 4,4 km ☑ 8 CP ☑ 65 m	▽ <sup>Ϙ</sup> 3,7 km ☑ 8 CP ☑ 80 m
K55	<ul> <li>✓<sup>O</sup> 2,9 km</li> <li>✓ 13 CP</li> <li>✓ 55 m</li> </ul>	▽ <sup>Ϙ</sup> 3,8 km ☑ 8 CP ☑ 60 m	∇ <sup>-O</sup> 3,0 km I 8 CP I 55 m
K60	<ul> <li>✓<sup>O</sup> 2,9 km</li> <li>✓ 13 CP</li> <li>✓ 55 m</li> </ul>	▽ <sup>Ϙ</sup> 3,8 km ☑ 8 CP ☑ 60 m	▽ <sup>Ϙ</sup> 3,0 km 8 CP 55 m
K65	▽ <sup>O</sup> 2,9 km ☑ 11 CP ☑ 55 m	▽ <sup>O</sup> 3,4 km ☑ 7 CP ☑ 60 m	∇ <sup>-O</sup> 2,8 km ☑ 9 CP ☑ 45 m
K70	▽ <sup>O</sup> 2,9 km ☑ 11 CP ☑ 55 m	∽ <sup>O</sup> 3,4 km ☑ 7 CP ☑ 60 m	∇ <sup>-O</sup> 2,8 km ☑ 9 CP ☑ 45 m
K75	▽ <sup>O</sup> 2,4 km ☑ 11 CP ☑ 45 m	▽ <sup>O</sup> 2,6 km ☑ 5 CP ☑ 45 m	▽ <sup>O</sup> 2,2 km ☑ 7 CP ☑ 40 m
<b>M10</b>	<ul> <li>✓<sup>O</sup> 1,9 km</li> <li>✓ 8 CP</li> <li>✓ 35 m</li> </ul>	▽ <sup>O</sup> 2,7 km ☑ 7 CP ☑ 40 m	▽ <sup>Ϙ</sup> 2,4 km ☑ 7 CP ☑ 25 m
M12	<ul> <li>✓<sup>O</sup> 2,8 km</li> <li>✓ 10 CP</li> <li>✓ 55 m</li> </ul>	▽ <sup>O</sup> 3,2 km ☑ 8 CP ☑ 50 m	▽ <sup>O</sup> 2,9 km ☑ 8 CP ☑ 50 m
<b>M1</b> 4	<ul> <li>✓<sup>O</sup> 3,9 km</li> <li>✓ 14 CP</li> <li>✓ 70 m</li> </ul>	∽ <sup>O</sup> 4,8 km ☑ 11 CP ☑ 70 m	▽ <sup>Ϙ</sup> 4,0 km ☑ 8 CP ☑ 85 m
<b>M1</b> 6	<ul> <li>✓<sup>●</sup> 4,1 km</li> <li>✓ 16 CP</li> <li>✓ 80 m</li> </ul>	<ul> <li>✓<sup>●</sup> 6,6 km</li> <li>✓ 12 CP</li> <li>✓ 105 m</li> </ul>	<ul> <li>✓<sup>O</sup> 5,5 km</li> <li>✓ 11 CP</li> <li>✓ 130 m</li> </ul>
<b>M18</b>	<ul> <li>✓<sup>O</sup> 4,5 km</li> <li>✓ 15 CP</li> <li>✓ 85 m</li> </ul>	<ul> <li>✓<sup>O</sup> 7,8 km</li> <li>✓ 13 CP</li> <li>✓ 110 m</li> </ul>	▽ <sup>Ϙ</sup> 6,5 km ☑ 16 CP ☑ 170 m
<b>M20</b>	<ul> <li>✓<sup>●</sup> 4,9 km</li> <li>✓ 19 CP</li> <li>✓ 95 m</li> </ul>	♥ <sup>●</sup> 9,6 km I7 CP I45 m	▽ <sup>O</sup> 7,4 km ☑ 18 CP ☑ 160 m



	1/3	2/3	3/3
	CZARNY	JEZIORO	BAŁDZKI
	PIEC	GIM	PIEC
M21	▽ <sup>O</sup> 5,2 km	▽ <sup>O</sup> 8,7 km	▽ <sup>O</sup> 6,9 km
	☑ 19 CP	☑ 16 CP	☑ 18 CP
	☑ 100 m	☑ 130 m	☑ 165 m
M21E	<ul> <li>✓<sup>●</sup> 6,0 km</li> <li>✓ 25 CP</li> <li>✓ 115 m</li> </ul>	<ul> <li>✓<sup>O</sup> 12,5 km</li> <li>✓ 23 CP</li> <li>✓ 180 m</li> </ul>	▽ <sup>O</sup> 9,4 km ☑ 20 CP ☑ 175 m
M35	▽ <sup>O</sup> 4,9 km	∕⊂ <sup>O</sup> 9,6 km	▽ <sup>Ϙ</sup> 7,4 km
	☑ 19 CP	☑ 17 CP	☑ 18 CP
	☑ 95 m	☑ 145 m	☑ 160 m
M40	▽ <sup>Ϙ</sup> 4,8 km	▽ <sup>O</sup> 8,7 km	▽ <sup>O</sup> 6,7 km
	☑ 16 CP	☑ 16 CP	☑ 18 CP
	☑ 90 m	☑ 130 m	☑ 180 m
M45	▽ <sup>Ϙ</sup> 4,2 km	▽ <sup>O</sup> 7,2 km	∽ <sup>O</sup> 5,6 km
	☑ 16 CP	☑ 13 CP	☑ 15 CP
	☑ 80 m	☑ 110 m	☑ 140 m
<b>M5</b> 0	▽ <sup>O</sup> 4,3 km	▽ <sup>O</sup> 6,8 km	▽ <sup>O</sup> 5,2 km
	☑ 14 CP	☑ 12 CP	☑ 13 CP
	☑ 80 m	☑ 100 m	☑ 150 m
M55	▽ <sup>O</sup> 3,8 km	▽ <sup>O</sup> 5,3 km	▽ <sup>O</sup> 4,4 km
	☑ 13 CP	☑ 11 CP	☑ 12 CP
	☑ 75 m	☑ 80 m	☑ 95 m
<b>M60</b>	▽ <sup>O</sup> 3,5 km	▽ <sup>O</sup> 4,5 km	∽ <sup>O</sup> 4,1 km
	☑ 13 CP	☑ 9 CP	☑ 10 CP
	☑ 65 m	☑ 70 m	☑ 90 m
M65	▽ <sup>O</sup> 3,4 km	∽ <sup>O</sup> 4,1 km	▽ <sup>Ϙ</sup> 3,4 km
	☑ 13 CP	☑ 8 CP	☑ 8 CP
	☑ 60 m	☑ 60 m	☑ 75 m
<b>M7</b> 0	∽ <sup>O</sup> 2,9 km	☞ <sup>Ϙ</sup> 3,8 km	▽ <sup>Ϙ</sup> 3,0 km
	☑ 13 CP	☑ 8 CP	☑ 8 CP
	☑ 55 m	☑ 60 m	☑ 55 m
M75	▽ <sup>O</sup> 2,9 km	▽ <sup>Ϙ</sup> 3,4 km	▽ <sup>Ϙ</sup> 2,8 km
	☑ 11 CP	☑ 7 CP	☑ 9 CP
	☑ 55 m	☑ 60 m	☑ 45 m



	1/3 CZARNY PIEC	2/3 JEZIORO GIM	3/3 BAŁDZKI PIEC
RODZINNA	<ul> <li>✓<sup>O</sup> 1,6 km</li> <li>✓ 7 CP</li> <li>✓ 30 m</li> </ul>	▽ <sup>Ϙ</sup> 2,0 km ☑ 6 CP ☑ 25 m	<ul> <li>✓<sup>O</sup> 1,9 km</li> <li>✓ 5 CP</li> <li>✓ 25 m</li> </ul>
ENKA	<ul> <li>✓<sup>O</sup> 1,6 km</li> <li>✓ 6 CP</li> <li>✓ 30 m</li> </ul>	▽ <sup>O</sup> 2,0 km ☑ 6 CP ☑ 25 m	<ul> <li>✓<sup>O</sup> 1,9 km</li> <li>☑ 5 CP</li> <li>☑ 25 m</li> </ul>
KRÓTKA	<ul> <li>✓<sup>O</sup> 1,8 km</li> <li>☑ 8 CP</li> <li>☑ 40 m</li> </ul>	▽ <sup>O</sup> 3,0 km ☑ 9 CP ☑ 50 m	▽ <sup>O</sup> 2,4 km ☑ 8 CP ☑ 35 m
ŚREDNIA	<ul> <li>✓<sup>O</sup> 3,0 km</li> <li>✓ 12 CP</li> <li>✓ 55 m</li> </ul>	▽ <sup>O</sup> 3,9 km ☑ 8 CP ☑ 65 m	▽ <sup>O</sup> 3,4 km ☑ 10 CP ☑ 80 m
CHALLENGE	<ul> <li>✓<sup>O</sup> 3,2 km</li> <li>✓ 12 CP</li> <li>✓ 60 m</li> </ul>	▽ <sup>Ϙ</sup> 4,0 km ☑ 8 CP ☑ 65 m	<ul> <li>✓<sup>O</sup> 3,6 km</li> <li>☑ 11 CP</li> <li>☑ 75 m</li> </ul>
ULTRA	▽ <sup>Ϙ</sup> 4,1 km ☑ 14 CP ☑ 80 m	▽ <sup>O</sup> 6,2 km ☑ 11 CP ☑ 100 m	<ul> <li>▽<sup>O</sup> 4,9 km</li> <li>☑ 12 CP</li> <li>☑ 135 m</li> </ul>

#### SPONSORS



#### PARTNERS















