WORLD CHAMPIONSHIPS

WORLD MTB ORIENTEERING CHAMPIONSHIPS JUNIOR WORLD MTB ORIENTEERING CHAMPIONSHIPS MTB ORIENTEERING WORLD CUP, ROUND 2 11 – 17 August 2025, Warsaw, Poland

BULLETIN 2









wilcze.OKO; FOTOGRAFIA

– Arkadius





WELCOME TO WARSAW!

The Polish Orienteering Federation and Team 360 Degrees are pleased to welcome participants of the World MTB Orienteering Championships and Junior World MTB Orienteering Championships 2025 to Warsaw!

The capital of Poland is not only the biggest and one of the most interesting cities for tourists in our country; it's also an excellent place to practice MTB Orienteering. Picturesque forests, crossed by a dense network of paths, were already an arena of a big MTBO event – the European Champs in 2006. This time we are going to take a visit in this area once again – enjoying World Championships in 2025!



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1. ORGANISATION

1.1. Organisers	Polish Orienteering Federat Team 360 Stopni	ion (PZOS)
1.2. Organising team	Event Director: Course Planner: Maps:	lgor Błachut Remigiusz Nowak Jarosław Bartczak, Tomasz Nitsch, Grzegorz Marcinkiewicz, Paweł Zieliński, Piotr Pietroń
	IT/time keeping:	Przemysław Patejko
1.3. Event advising / event control	IOF Senior Event Adviser: National Controller:	Mario Ruggiero
1.4. Information and	Website:	www.wmtboc2025.pl
contact	Email address of organiser:	wmtboc@wmtboc2025.pl
	Telephone number:	+48 609-833-555
	facebook: <u>https://www.face</u>	book.com/events/501140486053455
	This event is organised ur	nder the authority of the International

Orienteering Federation (IOF).

2. VENUE



2.2. Event centre

Event Centre will be located in Mercure Hotel Wiązowna Brant, located in Majdan, 05-462 Wiązowna, Równa street 3, Poland. <u>https://www.branthotel.pl</u> Google maps: <u>here</u>.





3. TRAVEL AND TOURIST INFORMATION

3.1. Transport from airport to Event	Event Centre is readily accessible by major roads and public transport.			
Centre	Distance by car			
	From Warsaw Chopin Airport	30 km, 25 minutes		
	From Warsaw Modlin Airport	57 km, 60 minutes		
	Distance by bus (public transport)			
	From Warsaw Central Railway Station	20 km, 55 minutes		
3.2. Directions for obtaining entry permits (visas)	Passports and maybe a visa are needed to enter Poland for some countries. Poland is a full Schengen member state. Application for the visa should be submitted at the nearest Polish Embassy. If you need visa help or special documentation, such as an "Invitation Letter", please send an email to: office@wmtboc2025.pl no later than 1st May 2025.			
	Please make sure that you allow for sufficient time (at least 3 months) for invitation letters and visa processing. Also note that visa regulations are subject to change. Please double-check your specific visa requirements.			

4. TRANSPORT

All the competitions are within 10 km from the Event Centre and can be reached by bike (except for the sprint, which is about 30-40 km by car from the EC). The organisers do not offer any transport from the EC to the competitions.







5. EMBARGOED AREAS



The areas marked in red on the map are fully embargoed, which means that these areas may not be entered at all (unless specifically permitted by the organisers). The embargoed areas are out of bounds for all potential participants and team members, including competitors, team leaders, coaches, doctors, escorts, and any other person who through their knowledge of the terrain may influence the result of the competitions.

So, no participants and no one with a potential connection to a team (athletes or others) may visit the embargoed areas, not even without a map.

The area marked in yellow is open for everyday use (e.g. living, school, etc.) - but the use of orienteering maps there is prohibited.

Roads marked in green passing through the embargoed area are open for everyday travel (commuting).

Full details about embargoed areas are given at: HERE





6. EVENT PROGRAMME

Sunday, 10th August – **team arrivals** Monday, 11 August 2025 – **model event** Tuesday, 12 August 2025 – **sprint, opening ceremony** Wednesday, 13 August 2025 – **middle distance** Thursday, 14 August 2025 – **mass start** Friday, 15 August – **rest day** Saturday, 16 August – **long distance** Sunday, 17 August – **relay, closing ceremony, banquet**

7. MAPS AND TERRAINS

All maps will be made according to the International Specification for MTB Orienteering Maps ISMTBOM 2022 valid at the time of the event (see <u>https://orienteering.sport/iof/mapping</u>).

Competition Scale / vertical contour intervals	Description of terrain	Recent map sample showing type of terrain
Sprint 1:5 000 / 2,5 m	Forest terrain. Partly flat, partly moderate hills and dunes.	
Middle 1:10 000 / 2,5 m	Very high density of tracks and paths.	
Mass start 1:10 000 / 2,5 m	Ground is soft and sandy. Different kind of vegetation; mostly pine and beech wood.	
Long 1:15 000 / 2,5 m	Mostly very good visibility.	
Relay 1:10 000 / 2,5 m	Terrain is fast, but very dense network of tracks requires careful navigation.	
	(all maps)	

Recent versions of previous orienteering maps – links below:

Poligon WAT (2006, MTBO)

https://orienteering.org.pl/pzos/attachment/download/b765f398-9728-4be3-bf4d-ddbbd9c48ded Łosiowe Błota (2001, Foot-O) https://orienteering.org.pl/pzos/attachment/download/95b9eb96-b9b0-439d-bdf9-0545ab97dc82 Poligon Wat (2015, Foot-O) https://orienteering.org.pl/pzos/attachment/download/b1eab219-8d85-42d3-b3fc-4ec3dbad93f4 Wesoła Wschód MTBO (2017, MTBO) https://orienteering.org.pl/pzos/attachment/download/5bf7c9a5-008c-4b18-9e2f-7378ec62342a Groszówka (2016, Foot-O) https://orienteering.org.pl/pzos/attachment/download/6a7b89c0-eb3d-4b41-a9f2-be0a66a4af6f





Hipodrom Stara Miłosna (2017, Foot-O)

https://orienteering.org.pl/pzos/attachment/download/31cd1dfd-4cbf-41ca-b65a-e38e4c93e6d0 Wesoła (2002, MTBO)

https://orienteering.org.pl/pzos/attachment/download/b494394c-b837-4ba0-86b5-c5108cb1d938 Radość (2017, Foot-O)

https://orienteering.org.pl/pzos/attachment/download/ed3b9dda-7ed2-47c0-bb73-44de92bfda45

Miłosna 2014 (2014, Foot-O)

https://orienteering.org.pl/pzos/attachment/download/7d0a6818-7503-493f-82ed-ab1207d5979c Macierowe Bagno (2018, Foot-O)

https://orienteering.org.pl/pzos/attachment/download/58fa0511-a087-4dcb-bd0d-ff28566d6882

Zagórze (2011, Foot-O)

https://orienteering.org.pl/pzos/attachment/download/64808987-7d0f-4a01-9177-81a36e407457 Wawer (2002, MTBO)

https://orienteering.org.pl/pzos/attachment/download/325c7f86-bdd2-4d87-9bef-e13d3fc7634b

Wiązowna MTBO (2017, MTBO)

zhttps://orienteering.org.pl/pzos/attachment/download/1852f114-7d5b-4ee5-ae7c-1dc7a3bbfa92

8. CLASSES AND PARTICIPATION

WMTBOC

- There is one class for women (called Women) and one for men (called Men). There are no age restrictions.
- All competitors must be citizens of the country of the federation they are representing.
- Competitors participate at their own risk. Third party insurance and personal injury insurance is compulsory and is the responsibility of the competitors' federation or themselves.
- All competitors represent a federation. Each federation may enter a team of an unlimited number of competitors and team officials.
- In each individual competition, every federation may enter up to 6 women and 6 men plus the current World Champions for the distance. Additionally, each federation may enter up to a further 2 women and 2 men, who qualify for the Women U23 and Men U23 classes respectively, in the Sprint, the Middle distance and the Mass start. No U23 classes are offered in the Long distance.
- In the Relay, each federation may enter up to 2 women's teams and 2 men's teams, each consisting of 3 team members.
- Each competitor must have a valid IOF Athlete Licence.

Ј₩МТВОС

- There is one class for women (W20) and one for men (M20). Only competitors who are entitled to compete in these classes may participate.
- All competitors must be citizens of the country of the federation they are representing.
- Competitors participate at their own risk. Third party insurance and personal injury insurance is compulsory and is the responsibility of the competitors' federation or themselves.
- All competitors represent a federation. Each federation may enter a team of an unlimited number of competitors and a number of team officials.
- For all individual competitions, each federation may enter up to 6 women and 6 men.
- In the Relay, each federation may enter up to 2 women's teams and 2 men's teams, each consisting of 3 team members.



9. ENTRY

9.1. Entry procedure	Entries are made in IOF Eventor.
	WMTBOC & World Cup: <u>https://eventor.orienteering.org/Events/Show/7490</u>
	JWMTBOC: <u>https://eventor.orienteering.org/Events/Show/7491</u>
	Participants may only be entered by their federations.

9.2. Entry deadlines Team size deadline 10th June 2025

Entries must be submitted no later than 10th June 2025 and with the following information:

- total number of competitors of each gender
- number of competitors in each individual competition
- number of relay teams
- number of team officials
- team manager's name, email address and phone number

Team names deadline 1st August 2025

No later than 1st August 2025 the following information must be submitted:

- each competitor's name, year of birth, gender resp. class, and the competition/s in which he/she will compete
- each competitor's number of the electronic punching card (if competitors want to use their own card)
- names of all team officials

Late entries and name changes

Late entries and changes will be accepted but an additional fee will be charged \rightarrow 10.2.

After 8th August 2025, no entries will be accepted.







10. FEES AND PAYMENT

fees				
		WMTBOC	JWMTBOC	TEAM OFFICIALS
	Sprint	60	40	-
	Middle	60	40	-
	Mass start	60	40	-
	Long	60	40	-
	Relay (per team)	160	100	-
	Accreditation (incl. Model event)	60	40	60
	Banquet	30	30	30
	SIAC rental (whole event)	20	20	-
10.2. Late entries and changes	Entries after the deadlines (b changes will be accepted. Fo will be charged: • surcharge of 20% for entries • surcharge of 50% for entries 2025 • fee of 10€ for name change	r late entries ai s after the team es after the tea	nd changes an n size deadline 1 Im names dead	additional fee 0th June 2025

all fees are in €	ire in € WMTBOC			fees are in € WMTBOC JWMTBOC		JWMTBOC		
deadlines	by 10/6 team size	after 10/6 team names	after 01/8 late					
surcharge		+ 20 %	+ 50 %		+ 20 %	+ 50 %		
Sprint	60	72	90	40	48	60		
Middle	60	72	90	40	48	60		
Mass start	60	72	90	40	48	60		
Long	60	72	90	40	48	60		
Relay (per team)	160	192	240	100	120	150		
Accreditation	60	72	90	40	48	60		

10.3. Payment	 Deadline for payment Full payment of all entry and accreditation fees must be made no later than 30th June 2025. Late payments will be subject to an additional fee of 10% of the total amount Additional payments (possible other fees, e.g. rental fee for punching card etc.) are preferred together with the entry fee. However, payment on site will be possible as well.
10.4. Cancellation of the event	If the event has to be cancelled after 1st July 2025, the organisers will retain $15 \in$ per participant (competitor or team official) in order to cover committed costs.
10.5. Withdrawals and refunds	 Refund of 80 % for withdrawals after the team size deadline of 10th June 2025 Refund of 50 % for withdrawals after the team names deadline of 1st August 2025.





10. FEES AND PAYMENT

10.6. Account
details for paymentAll payments are to be made to the Team 360 Stopni, considering the
following information:
Stowarzyszenie Team 360°
mBank Polska
account number: 86 1140 2004 0000 3212 2259 6805
IBAN: PL86 1140 2004 0000 3212 2259 6805
BIC / SWIFT: BREXPLPWMBK
with a note: WMTBOC 25 and a federation/competitor's name

11. ACCOMMODATION AND FOOD

Participants are free to choose their accommodation and meals options. However, it is recommended that athletes and team officials stay at the official accommodation at the Event Centre: Mercure Hotel Wiązowna Brant, located in Majdan <u>https://www.branthotel.pl</u>.

The Mercure Hotel Wiązowna Brant offers:

- Single room without breakfast 330 PLN (about 77 EUR)
- Single room with breakfast 370 PLN (about 86 EUR)
- Double room without breakfast 350 PLN (about 81 EUR) per room
- Double room with breakfast 410 PLN (about 95 EUR) per room
- Additional person in the room:
- without extra breakfast to a double room for a third person 100 PLN (about 23 EUR)

- with extra breakfast for a double room for a third person - 140 PLN (about 33 EUR) Meals are also available at the hotel.

As the number of hotel beds is limited so we recommend booking as early as possible. Booking requests should be sent to: wmtboc@wmtboc2025.pl

12. COMPETITION RULES

12.1. Information about rules	All competitions will be organised in accordance with the following rules valid at the time of the event: • IOF MTBO Competition Rules • Special Rules MTBO World Cup
	All the rules can be found at https://orienteering.sport/mtbo/competition-rules
	 Further general MTBO rules: Competitors must get to all control points with their bikes. The bicycle must be with the competitor at all times. Wearing a rigid safety helmet is compulsory during competitions and training sessions. It is forbidden to use roads or tracks marked with purple crosses or a purple zigzag line on the map. Riding outside the mapped area during the competition is not allowed. National traffic rules must be followed. Non-compliant competitors or competitors who break any rule may be disqualified.





12. COMPETITION RULES

12.2. Info about off-track riding	Riding off the track, trail or path is generally allowed, but it is forbidden in cultivated land such as farmlands, forestry cultivation and similar. Off-track riding speed may vary a lot.
12.3. Controls not situated on paths	Control points may be off-track, in rideable open areas. They will be set so as not to require control descriptions.
12.4. Anti-doping	Doping is strictly forbidden and the organisers of WMTBOC/World Cup and JWMTBOC are dedicated to supporting the anti-doping authorities in their work. Doping tests are always carried out in accordance with the procedures described in the WADA International Standard for Testing. The IOF Anti-Doping Rules and the World Anti-Doping Code apply. Athletes who are selected for doping tests must bring an official identification (with photo) to the doping test area. The athlete should also bring along their therapeutic use exemption (TUE) if applicable. In general, it is advisable that the athletes bring along their ID to all the competitions and events.

For more information and anti-doping documents, please consult: https://orienteering.sport/iof/anti-doping

13. COMPETITION INFORMATION

13.1. Punching system	SPORTident Air+ (system for contactless punching with SI Active Cards SIAC) with a working range of 150 – 180 cm will be used.			
	It is recommended that competitors use a backup SIAC/a second SIAC. The data recorded in the backup SIAC will only be used when the main SIAC did not work properly, i.e. in the case of failure of the main SIAC during the race. The backup SIAC cannot be used to rank a competitor if they lost their main card.			
	Competitors may use their own SIAC, but organisers will provide SIACs for rent.			
	Rental SIACs will be available at € 20 for the whole event – deposit € 80.			
13.2. Winning times	Winning times in minutes (according	g to the IOF MTBO Co	ompetition Rules)	
	Format (distance)	M/W Elite	M/W Junior	
	Sprint	20 – 25	16 – 20	
	Middle	50 - 55	40 - 44	
	Mass start	75 - 85	60 - 68	
	Long	105 – 115	84 - 92	
	Relay: average for each leg total winning time	40 - 45 120 - 135	35 - 40 105 - 120	





14. OPPORTUNITIES FOR TRAINING

From June 19-22, a training camp combined with competitions (WRE) is organised in Warsaw (an area that is adjacent to the WMTBOC maps). The camp will include WRE (long, middle, sprint, mass start) competitions, as well as relays (Polish Championships).

All information about this event will be published at Team 360's website: $\underline{https://mazovia2025.team 360.pl}$

15. MISCELLANEOUS

15.1. Parallel events	Open competitions for those who are not participants of WMTBOC/ World Cup and JWMTBOC will be offered. These public races be held after middle distance competition, mass start and long distance competition respectively. Three different courses (long, middle and short) will be offered. Entries for Open categories are open: <u>https://wmtboc2025.pl/en/node/15936</u>
15.2. Climate and hazards	Climate Mazovia experiences quite moderate climate. July and August are the warmest months in Warsaw and surrounding places, but the average temperature is about to 23 ° C. Possible rain – but most of the time at least the first half of the day is sunny.
	 Description of any hazards Wild animals like deer, wild boars, moose etc. might be present in the forests of competition areas. Wild bees can possibly be encountered in the competition areas. Ticks are not that commonly found in the pine forests, which are prevailing around Warsaw, but there are places where they can be encountered. They can spread Lyme disease or borreliosis, and tick-borne encephalitis (TBE). Competitors are asked to protect themselves and to check for ticks after every ride in the forest.
15.3. Media	 We welcome all media representatives to cover the competitions of WMTBOC & JWMTBOC and World Cup in Warsaw/ Poland. For media accreditation and related requests, please send an email to: media@wmtboc2025.pl Accreditation should be made by 20th July 2025. The media service includes a working area at the Event Centre and the arenas with free Wi-Fi and complimentary coffee or tea, parking close to the arena, and access to some controls in the competition areas. Media representatives and team officials are encouraged to bring their own Internet-enabled devices, as neither computers nor Wi-Fi services can be offered by the organisers. Weather-protected, quiet working space for media representatives will be provided in all finish arenas. Accredited media representatives are given the opportunity to take part in the Model Event. If desired, the organisers will assist media representatives with hotel accommodation booking.





15. MISCELLANEOUS

15.4. Competition	Competitors must wear the team clothing of their federation during all
clothing	official events.
15.5. Insurance and liability	Everybody participates in competitions and other activities associated with the WMTBOC &JWMTBOC at their own risk, and each person is
	responsible for their own insurance coverage (illness/accident and third party insurance).
	The organisers decline any liability; they are not responsible for theft or similar incidents either. Participant are encouraged to take necessary precautions.

