



**International Orienteering Event
Pomorze Sprint Cup 2026
Gold World Ranking Event
World Ranking Event**

**Radzyń Chełmiński, Chełmno, Grudziądz
22th–24th May 2026**

www.o-pcs.pl

Bulletin No. 0

1. Organizer

Uczniowski Międzyszkolny Klub Sportowy w Kwidzynie
(Interschool Student Sports Club in Kwidzyn)

82-500 Kwidzyn, ul. Warszawska 13, www.umkskwidzyn.pl

Co-organizer

Polish Orienteering Association

00-024 Warszawa, Al. Jerozolimskie 30/21, www.orienteering.org.pl

Green Sport Foundation

82-500 Kwidzyn, ul. Grudziądzka 22/3A www.fundacijazielonysport.pl

2. Date and location

22nd – 24th May 2026 – Kwidzyn

3. Contact

Competition Director – Zbigniew Mądrzyński – tel. +48 509 951 345, e-mail: sp2jnk@interia.pl

Technical Director –Tomasz Müller– tel.+48 500 175 747, e-mail: t.muller@umkskwidzyn.pl

IOF Advisor –Jerzy Antonowicz– tel.+48 603 923 897, e-mail: jerzy.antonowicz@gmail.com

4. Program

Date	Stage and location	Preliminary timetable
22/05/2026 (Friday)	S1 – Radzyń Chełmiński (WRE)	16.30 – 18.30
23/05/2026 (Saturday)	S2 – Chełmno (W, M Elite – Knock-Out – qualification) S3 – Chełmno (W, M Elite – Knock-Out) – QF, SF, F (Gold WRE)	10.00 – 12.00 16.00 – 19.00
24/05/2026 (Sunday)	S4 – Grudziądz (WRE) Prize-giving ceremony	10.30 – 12.30 13.00



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5. Form of the competition

Three-day, four stages, individual sprint orienteering event. Included in the Polish Orienteering Association ranking, with a polish ranking index 1100. Two World Ranking Event stages included. The entire PSC 2026 weekend will be played with Gold World Ranking Event status. For some categories, Stages 2 and 3 will be played in the form of Knock-Out Sprint. Details will be given by January 31, 2026, in Bulletin no. 1.

Estimated winning times in the W/M21E categories.

S1 – 12 minutes, S2 – KO Qualification – 8 minutes, S3 – KO QF 5–6 minutes, KO SF 5–6 minutes, KO Final 7–8 minutes, S4 – 12 minutes

6. Maps

4 new maps updated in May 2026, standard ISSprOM 2019. 2 maps of a new terrain that has not been used for orienteering competitions before.

7. Competition area

All courses will be set out in the urban area. Each stage will take place in a different area - from the area of a typical housing estate with lots of backstreets, green areas, and enclosures, through the centre of the old town, park areas to sports and recreation areas.



8. Embargoed areas

Designated areas in the administrative area of the city of Radzyń Chełmiński, Chełmno and Grudziądz, marked on the maps below, are subject to an embargo. Competitors, coaches and people who may influence the results of the competition through their knowledge of the terrain are prohibited from entering the embargoed zones

These areas are embargoed until the publication of Bulletin 2. Bulletin 2 will provide details of the competition grounds where the embargo will be maintained and the organizer's special rules on the day of the competition.

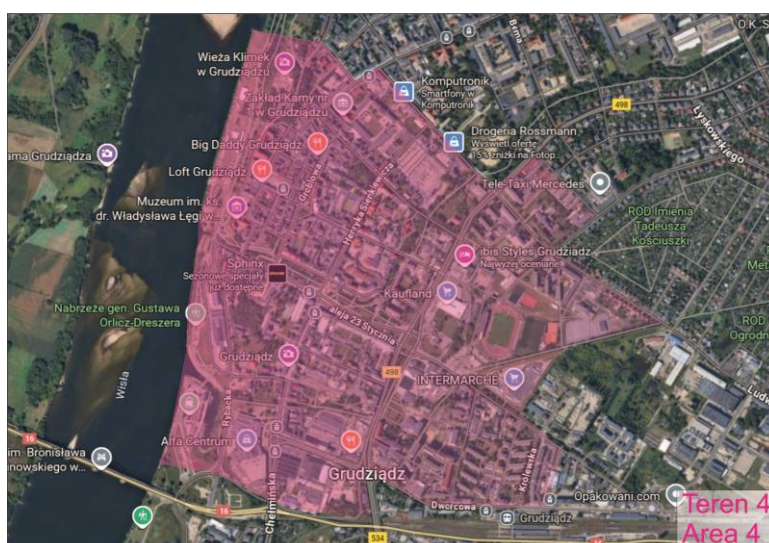
Stage 1 – Radzyń Chełmiński



Stage 2 i 3 - Chełmno



Stage 4 - Grudziądz



9. Classes

Women – W10, W12, W14, W16, W18, W21E (WRE), W21A, W35, W40, W45, W50, W55, W60, W65, W70

Men – M10, M12, M14, M16, M18, M21E (WRE), M21A, M35, M40, M45, M50, M55, M60, M65, M70, M75, M80

Open classes:

- 10R - Family (very easy and short, for beginners and families with children).
- Middle - more difficult, longer, for intermediate runners.

Competitors in the W20 and M20 categories shall register in the W21E and M21E categories, respectively. The organiser plans to award additional cash prizes to W/M20 competitors in the overall PSC 2026 classification.

The organizers reserve the right to combine categories in the case of a small number of participants. All athletes in W21E and M21E classes need to have an IOF athlete's license to participate in the WRE and additionally register via the IOF website for each WRE competition separately..

10. Entries and entry deadlines

The first entries deadline: **02/03/2026**

Final entries deadline: **11/05/2026**

Entries in all categories will be accepted:

- Competitors with a Polish Orienteering Association (PZOS) license through the entry form on the website <https://orienteering.org.pl/pzos/detail/entries/1694>

- Competitors who do not have a Polish Orienteering Association (PZOS) license through the entry form on the website <https://orientharper.pl/?cmp=entries&action=makeEntry&id=260>

Competitors of the W21E and M21E categories for WRE runs must also enter the IOF entry form:

Due to the Knock-Out Sprint organization, it is not possible to apply after May 11, 2026, for the W21E and M21E categories. In other categories, entries after May 11, 2026, will be possible only in case of vacancies and only by e-mail: t.muller@umkskwidzyn.pl

11. Punching system

SPORTident Air+ punching system will be used during the entire competition.

12. Fees

They will be given in the Bulletin No. 1, which will be published by January 31, 2026

Attention!

Participants who register and pay the entry fee in 1st deadline (until March 2, 2026) and who are ranked in the top 10 of Sprint World Ranking valid on February 28, 2026, will be given a 75% discount on the entry fee and the organizer will provide these competitors with accommodation and partial board from Friday to Saturday or Sunday (according to the competitors' needs).

Participants who register and pay the entry fee in 1st deadline (until March 2, 2026) and who are ranked in the top 20 of Sprint World Ranking valid on February 28, 2026, will be given a 50% discount on the entry fee.

Participants who register and pay the entry fee in 1st deadline (until March 2, 2026) and who are ranked 21-50 of Sprint World Ranking valid on February 28, 2026, will be given a 25% discount on the entry fee.

13. Accommodation and food

The organizer does not arrange accommodation or catering (except for competitors from the top 10 of the Sprint World Ranking valid as of 28 February 2026), but in Grudziądz, Chełmno and in the vicinity there are many accommodation facilities of various standards.

Information about the possibility of accommodation in a school gymnasium will be published in Bulletin No. 1

14. Transport

The towns of Radzyń Chełmiński, Chełmno and Grudziądz are partner towns of the Pomorze Sprint Cup 2026.

Grudziądz is easy to reach from the south and north of Poland via the A1 highway. There are good train and bus connections to Grudziądz from Gdansk airport and the ferry terminals in Gdansk and Gdynia.

The organiser is also currently analysing the possibility of organising its own transport between Grudziądz and Gdańsk airport on the day of the start and end of the competition, as well as on the route Grudziądz - Radzyń Chełmiński - Grudziądz and Grudziądz - Chełmno - Grudziądz on the days of the competition. More information will be published at a later date on the competition website.

15. Prizes

In the category W 21E and M21E – Stages 1 and 4 – World Ranking Evet

– for places 1-3 commemorative medal, diplomas, and small prizes

In the category W 21E and M21E – Stage 3 – Knock-Out Sprint – Gold World Ranking Evet

– for places 1-6 financial prizes equivalent to at least 500, 400, 300, 250, 200 and 150 Euro

In general classification (sum of times from 4 stages)

Classes **W/M 16, 18, 20, 21** – for places 1-3 financial prizes

All Sport Classes – for places 1-3 diplomas, medals, and small prizes

10R – all competitors diplomas and small gifts

Middle – for places 1-3 diplomas and small gifts

In the W/M21E category (and in the W/M20 subcategory), the total PSC 2026 score includes the results obtained during S1, S2 (Knock-Out qualification), S3 (Knock-Out quarter-final) and S4.

16. Team classification

At each stage, 12 best competitors in all age categories score points.

The contestants are awarded points according to the key:

Place	1	2	3	4	5	6	7	8	9	10	11	12
Points	15	12	10	9	8	7	6	5	4	3	2	1

Detailed rules and regulations of the team classification can be found on the competition website <https://o-psc.pl> in the tab 'Newsletters'.

17. Rules and general information

17.1 Competition rules that apply are the following: The Competition Rules for IOF Foot Orienteering Events, valid from January 1, 2026.

17.2 Anti-doping

Doping is forbidden. "Think positive – test negative"! IOF Anti-Doping Rules apply, valid as of January 1, 2026. By entering the competition, the athletes and coaches will confirm that they are subject to sanctions in the event of any doping offence. The team leader will have to sign for the whole team.

17.3 Climate

Average temperature in Radzyń Chełmiński, Chełmno and Grudziądz at the middle of May between 18 and 20° C in daytime.

17.4 Visa

You do not need a visa if you come from EU or the Schengen area. Other international travelers may be required to hold a Polish visa prior to travel to Poland, depending on your country of residence.

18. Additional information

- All participants compete at their own risk.
- The organiser reserves the right to the final interpretation of this Bulletin.
- Clubs and institutions registering athletes are responsible for obtaining and updating medical examinations for registered athletes.
- All disputes shall be decided by the Main Referee of the competition.
- Participants registering for Pomorze Sprint Cup 2024 agree to have their image, name, surname and year of birth published in the media coverage as well as results, final protocols and marketing materials of the competition.
- Participants are responsible for their own insurance.
- The organizer provides medical care during every stage of the competition.
- When completing the courses, all competitors are strictly required to comply with traffic regulations and all recommendations and instructions issued by the organiser.
- There will be a free kindergarten for participants' children available during every stage of the competition in the event centre.

**We invite you and see you in Pomerania
in Radzyń Chełmiński, Chełmno and Grudziądz**

ORGANIZERS



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