

MAZURY CUP...→



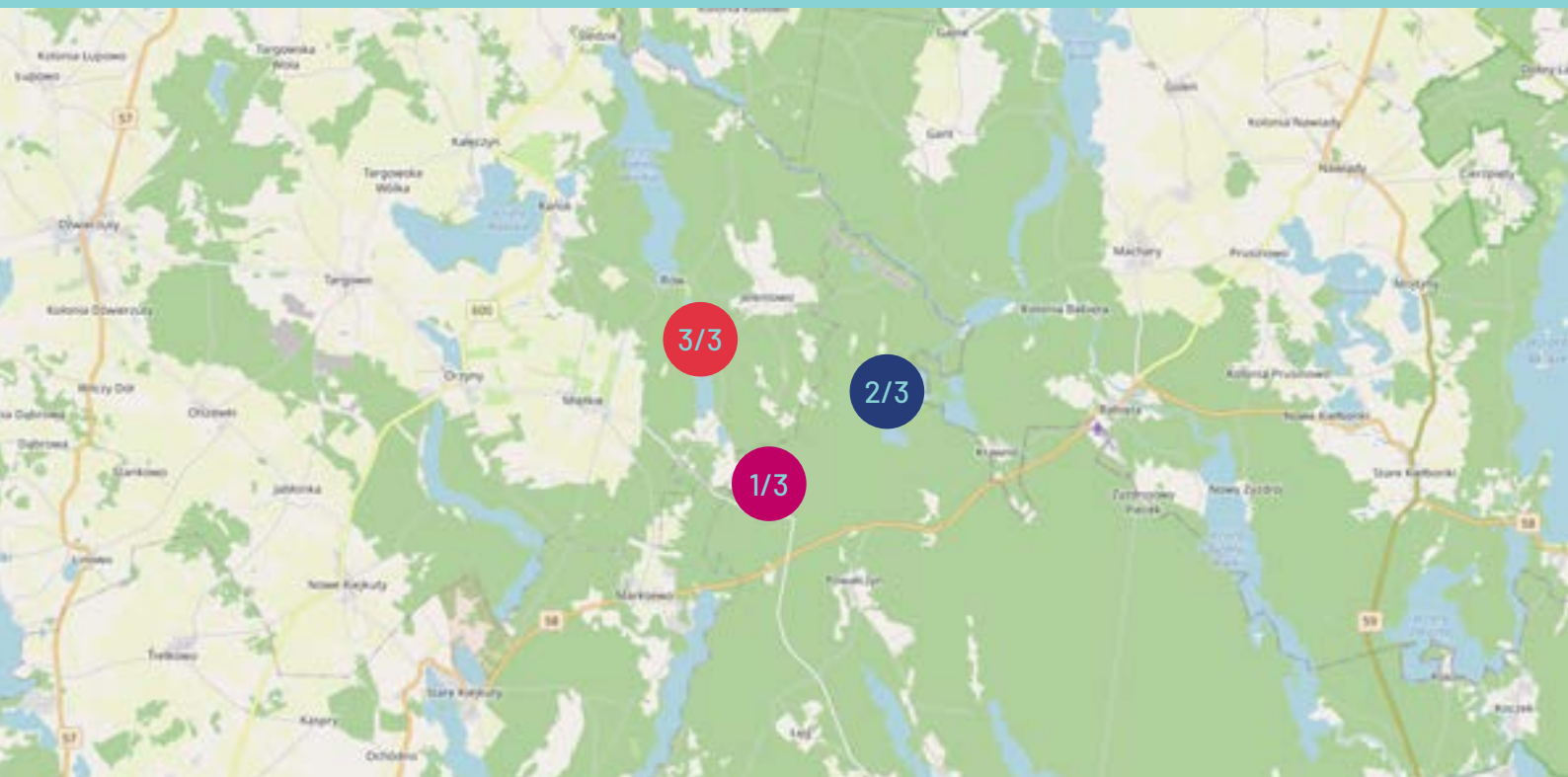


ABSTRACT

Get ready for an unforgettable experience! At the beginning of July, we invite you to the third edition of Mazury Cup - in the very heart of the wild Masuria. Unique areas, never used in orienteering before, are waiting to be discovered - beautiful forests, labyrinths of post-glacial relief and crystal clear lakes. This is the perfect opportunity to cut yourself off from everyday life and immerse

yourself in the pristine, Masurian nature, embellished with the idyllic atmosphere of the beginning of summer. Mazury Cup is more than just an orienteering event - it is an adventure that will remain in your memory for a long time. We officially invite you and see you at the start!

- Wojtek Dwojak and Jacek Morawski



4-6.07.2025

MAZURY
CUP →

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1/3

ZIMNA WODA

middle distance
4.07.2025

2/3

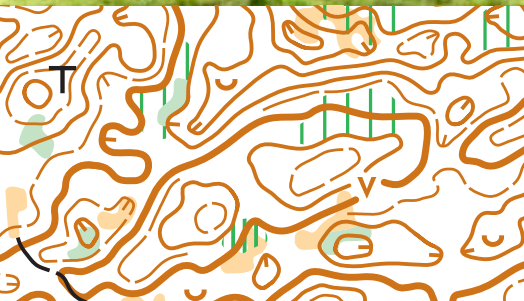
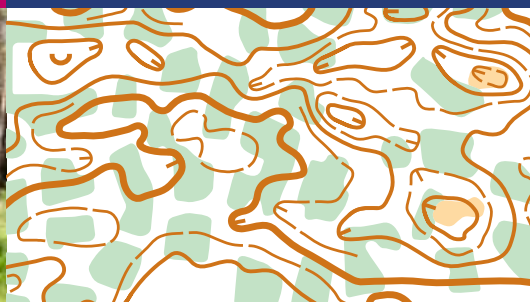
JEZIORO KRAWNO

long distance
5.07.2025

3/3

JEZIORO SŁUPEK

chasing start
6.07.2025



ORGANIZERS

Dolnośląski Związek Orientacji Sportowej
ul. Borowska 1-3
50-529 Wrocław, Poland

Fundacja Slow Event
ul. Lindleya 16
02-013 Warszawa, Poland

PARTNERS

International Orienteering Federation
Polish Orienteering Association
Forest Inspectorate Strzałowo
Dźwierzuty Commune

ORGANIZING COMMITTEE

Event Director
Main Referee
IOF Adviser/Controller
Start
SPORTident
Cartography

Wojciech Dwojak
Jacek Morawski
Tadeusz Piłkowski
Arleta Sosenko
Marcin Leśnicki
Wojciech Dwojak, Jacek Morawski



EVENT RANK

3-stage individual national ranking event, KM21E classes with WRE status during stage 1.

4-6.07.2025



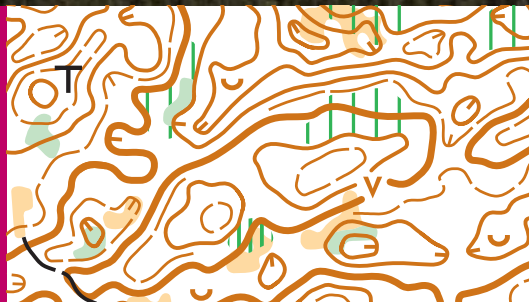
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1/3

ZIMNA WODA

middle distance
4.07.2025



LOCATION

Meadow in Zimna Woda settlement
GPS: 53.670711, 21.160036

The first stage will take you to the heart of a virgin terrain, offering unique micro-relief, requiring above-average alertness and technical perfection throughout the race. Varied forest, characterized by subtle changes in the terrain height, will make every step require concentration - the speed must be perfectly balanced with precision. During this stage you will feel how the raw beauty of Masuria draws you in and tests your skills at every step!



PROGRAM

16:30
20:00

first start
finish closing



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2/3

JEZIORO KRAWNO

long distance
5.07.2025



LOCATION

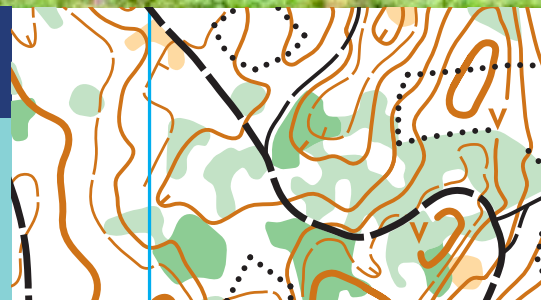
Meadow in Zimna Woda settlement
GPS: 53.670711, 21.160036

During the second stage, you will come face to face with the wild and untamed nature of Masuria. Here, you will encounter wetlands and labyrinths of denser forest, which will be a demanding opponent that will test you both in terms of navigation and the ability to make quick decisions at key moments. During this race every stumble will distance you from the finish line, and every well-chosen route-choice will bring you closer to the final victory.



PROGRAM

11:00 first start
16:00 finish closing



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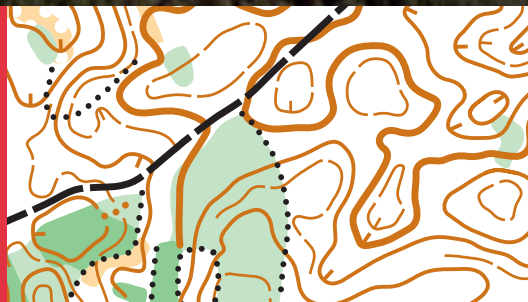
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3/3

JEZIORO SŁUPEK

chasing start
6.07.2025



LOCATION

Beach by Słupek Lake
GPS: 53.690419, 21.135897

The third stage is a dynamic finish to the event, which will test both your speed and alertness. The courses will lead through fast terrain, where a momentary lack of attention can cost you precious seconds. Approaching the shore of Słupek Lake, you will come across a steep slope with micro-relief that will become the final test of your technical skills. The finish line, located on the beach of the lake, will be the true crowning of the competition, offering beautiful views and the satisfaction of overcoming the Masurian challenge.



PROGRAM

10:30 first start
14:00 finish closing



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ENTRIES

The deadline for all entries is **23.06.2025** or (if earlier) reaching the participant limit. Entries are to be made via Polish Orienteering Association entry system: <https://orienteering.org.pl/pzos/entries>

PARTICIPANT LIMIT

Limit of event participants is set at **500** athletes. After reaching the limit entries will be closed and registration of additional athletes will be possible only in the case of withdrawal of athletes entered within the limit.

CANCELLATIONS

It is possible to modify your entry details free of charge (including its cancellation) until **23.06.2025**. In case of entry cancellation after 23.06.2025 we do not provide any refund.

SPORT CLASSES

KM10, KM12, KM14, KM16, KM18, KM20, KM21, KM21E, KM35, KM40, KM45, KM50, KM55, KM60, KM65, KM70, KM75, KM80, KM85, KM90

The organizer reserves the right to combine classes in case of small number of entries.

OPEN CLASSES

	Distance	Difficulty	Description
Rodzinna	1,5-2,0 km	easy	marked course for families (group/family participants)
Enka	1,5-2,0 km	easy	marked course for children (individual participants)
Krótka	2,0-3,0 km	easy	easy course for beginners who do not need marked course
Średnia	3,0-4,0 km	medium	for those who already have some orienteering experience
Challenge	3,0-4,0 km	difficult	short but technically demanding course for challengers
Ultra	3,5-6,0 km	difficult	technically demanding course for fans of orienteering adventures

There is no start time assignment for open classes, you can start at any time during two hours of the start time (00-120').





FEES

	KM10-14 Rodzinna Enka	KM16-20 KM65 and older Krótka Średnia	KM21-60 Challenge Ultra
1st deadline 30.04.2025	20 PLN / stage 60 PLN / 3 stages	35 PLN / stage 105 PLN / 3 stages	50 PLN / stage 150 PLN / 3 stages
2nd deadline 23.06.2025	25 PLN / stage 75 PLN / 3 stages	40 PLN / stage 120 PLN / 3 stages	60 PLN / stage 180 PLN / 3 stages
late entry	30 PLN / stage 90 PLN / 3 stages	45 PLN / stage 135 PLN / 3 stages	70 PLN / stage 210 PLN / 3 stages

PAYMENTS

Dolnośląski Związek Orientacji Sportowej

ul. Borowska 1-3
50-529 Wrocław
Poland

IBAN : **PL87116022020000000230177716**

SWIFT: **BIGBPLPW**

Please include participant details (name and club) and "Mazury" word in bank transfer description.

The validity of the entry within a given deadline is determined by entry fee payment to the organizer's account, not by the fact of just registering an entry via entry system.

We also accept payment in Euro (EUR). Please find all entry fees and payment details on our website and choose the preferred currency.



WRE

1st stage in KM21E classes will be a World Ranking Event race. KM21E competitors who want to be classified within the WRE during this stage, in addition to submitting the standard registration via the Polish Orienteering Association system, must also register for this race via IOF Eventor by **23.06.2025**:

<https://eventor.orienteering.org/Events/Show/8351>

Please find more information concerning World Ranking Event race in WRE Appendix at the end of this bulletin.

MAPS

All maps prepared according to ISOM 2017-2. Digital print, sealed in plastic bags.

1:10 000, e-2,5 m for KM10-45,
Średnia, Challenge, Ultra
1:7 500, e-2,5 m for KM50-90,
Rodzinna, Enka, Krótka

START TIME REQUIREMENTS

We give you the opportunity to specify any needs of individually adjusted the start time at one or more stages which may be useful i.e. in case of child care. More details can be found at mazurycup.pl.

KID'S ZONE

There will be Kid's zone with attractions for the youngest organized at each stage at the Event Center. Also, a special Miniknat course for children located next to the Event Center will be available. Both Kid's zone and Miniknat will be free of charge and available to all willing children without prior registration.



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PUNCHING SYSTEM

SPORTident system will be used for punching during the event. The stations will operate in AIR+ mode.

It is possible to rent a SPORTident card from the organizer for 5 PLN / stage. Please submit your request by e-mail (mazury@mazurycup.pl) by 23.06.2025 and make payment for the SPORTident card rental by bank transfer together with the entry fee payment.

PRIZE

Gifts and diplomas for the TOP3 participants in each class in the general classification after three stages will be awarded. All K10, M10, Enka and Rodzinna class participants will be awarded small gifts.

ENVIRONMENT

Respecting the surrounding nature is extremely important, therefore during the competition we will try to reduce the negative impact of our event on the environment as much as possible - we will replace plastic with paper products where possible. You can also help us with this - bring your own reusable cups for water at the finish line.



ADDITIONAL INFORMATION

- The organizer provides medical care during the event.
- The organizer has a valid third party insurance.
- The organizer is not responsible for individual insurance of the participants.
- The organizer is not financially responsible for any items lost during the event.
- The organizer reserves the right to change the event program, as well as to cancel the event due to force majeure.
- The organizer reserves the right to the final interpretation of this Bulletin.
- By registering for the event you consent to the publication of your image on the website mazurycup.pl, in the organizer's social media and in other promotional materials.
- By registering for the event you accept this Bulletin.
- Further information about the event can be found at mazurycup.pl.

WRE APPENDIX



VISAS

According to current regulations, citizens of some countries must obtain a visa in order to enter Poland. Please check the following website for more information:

<https://www.gov.pl/web/diplomacy/visas>

Visas should be applied for at your closest Polish embassy. Please note that conditions of entry may change. All participants are advised to keep themselves updated on the situation by consulting their local Polish embassy.

TRAINING

Free training maps from previous editions of Mazury Cup are available on our website:

<https://mazurycup.pl/en/maps/>
More information about other training opportunities will be published later at mazurycup.pl.

ACCOMMODATION AND FOOD

Variety of accommodation options can be found online. Masuria is a popular touristic destination with multiple restaurants, hotels, apartments and other types of lodgings.

TRANSPORT

No transport offered by the organizers.

CLIMATE

Temperature for July in Jeleniowo vary between 17 and 29 °C with an average of 23 °C. Average rainfall for July is 60 mm with 8 rainy days during a month. The weather can be anything from warm and sunny to windy and rainy.

WINNING TIME

30-35 minutes for both KM21E classes.



SPONSORS

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Sudety Cup

2025

Sowie Mountains
Sovi hory

1/4

Sokolica

middle distance
31.07.2025

2/4

Wielka Sowa

long distance
1.08.2025

3/4

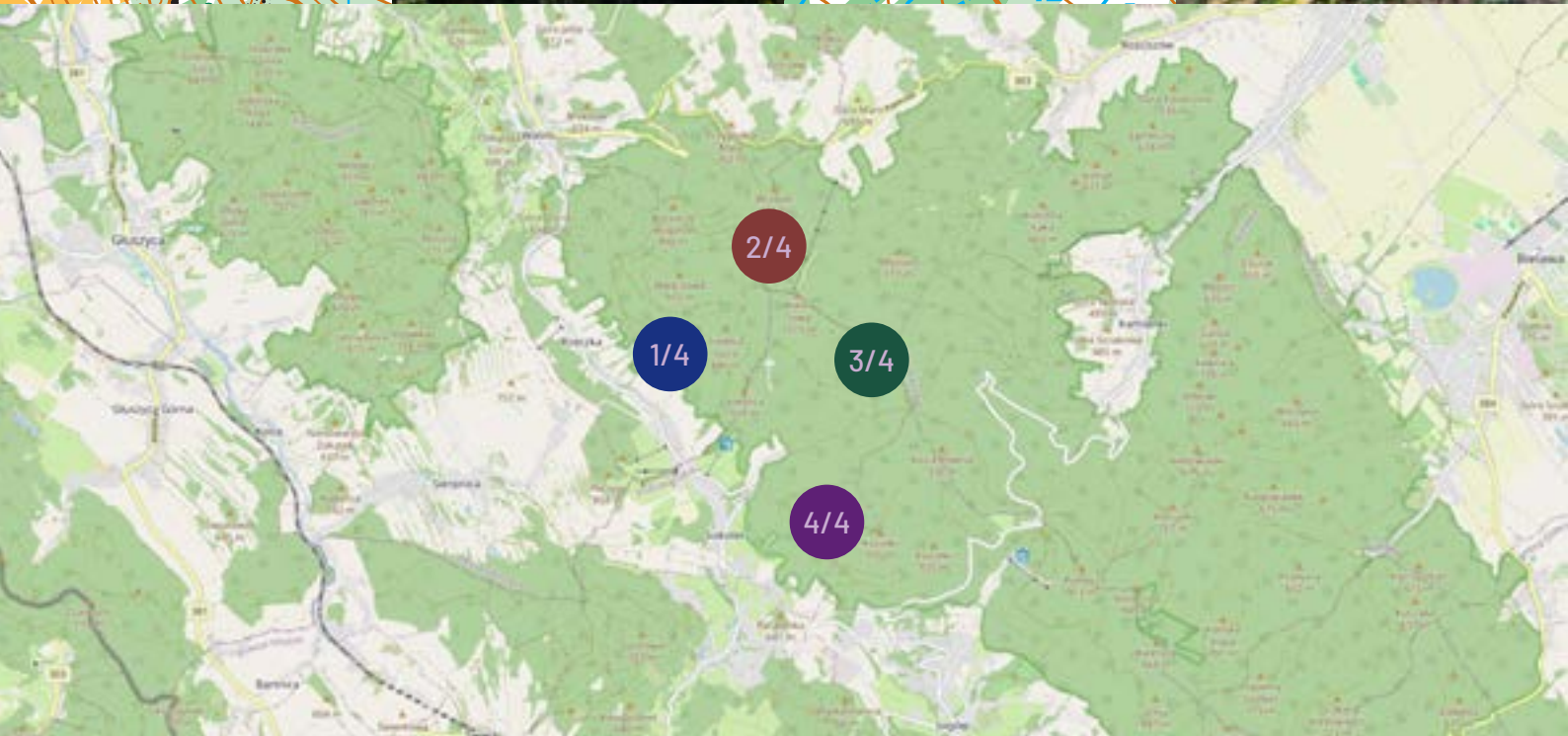
Kozie Siodło

middle distance
2.08.2025

4/4

Grabina

chasing start
3.08.2025



31.07-3.08.2025

Sudety
Cup

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