

28-31.07.2022



Abstract

When organizing the first edition of the Sudety Cup, we wanted to create an event that would combine the best of orienteering. We put extra priority on the terrains, maps and courses. Have we succeeded? Judge for yourself. In the next edition, we would like to go a step further - three of four stages will be held in virgin areas for orienteering. Rocks are the leitmotif of 2022. You will have the opportunity to get to know them in various forms,

sizes and shapes. In addition to many challenges during the race, we will make sure that you feel special during the entire stay at our event. As part of our **#SlowEvent** philosophy, you can be sure of the unique scenery of each event center, respect for the surrounding nature and always smiling organizers.

- Wojtek Dwojak & Jacek Morawski









1/4

middle distance 28.07.2022

2/4

Batorów

long distance 29.07.2022



middle distance 30.07.2022

4/4

Szczytna

chasing start 31.07.2022

Organizer

Dolnośląski Związek Orientacji Sportowej ul. Borowska 1-3 50-529 Wrocław

Organizing committee

Event director – **Wojciech Dwojak** Main referee – **Jacek Morawski** Start – **Arleta Sosenko** SPORTident – **Marcin Leśnicki** Cartography – **Wojciech Dwojak, Jacek Morawski**



Partners

Polish Orienteering Association Szczytna Stołowe Mountains National Park Forest Inspectorate Zdroje

Event rank

4-stage national ranking event.

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The slogan of 2022 edition is rocks. It will be no different during the first stage. Numerous boulders and rock formations creating a labyrinth characteristic of the nearby Błędne Skały will require a lot of concentration and careful map reading. Well-runnable forest will allow you to accelerate to a very high speed and a map in the scale of 1:7500 will make it easier for you to read numerous details on the map. Adjusting the runing pace to the demanding environment during this short stage will be the key to success in Złotów - we will see who will make it best. The second stage is moving to the higher parts of the Stołowe Mountains. The race will be held in the very vicinity of the National Park, in the area that can be named the essence of orienteering. In addition to numerous rock formations up to several meters high, during the second stage you will find plenty of boulders, diverse vegetation and significant elevation, all that immersed in high blueberry bushes. If you think that there are no demanding terrains in Poland, we invite you to Batorów - we guarantee that you will change your mind!







The third stage will certainly be the most demanding race of the 2022 edition. Both the terrain and the courses will be characterized by high variability, not only in terms of vegetation, but also in terms of black objects on the map. Your attention will be drawn by the unique variety of rock forms – stones, boulders, boulder fields, rock cliffs, towers, pillars and rock mushrooms are just the beginning of a long list of what you will have to face during your race. Get ready for a real rock puzzle in Batorówek!

Chasing start always brings a lot of emotions and fierce competition during the race is an additional difficulty, especially in the demanding terrain. This will also be the case during the final stage in Szczytna where a fast forest is waiting for you. In terms of vegetation it will resemble you what can be found in some Scandinavian backwoods. In addition, we will serve you steep slopes with countless boulders and rocks, few green areas and a wonderfully situated and shrouded in mystery castle. In a word - everything that we love in the orienteering.







Entries

The deadline for all entries is **18.07.2022**. Entries are to be made via Polish Orienteering Association entry system: https://orienteering.org.pl/pzos/entries

Participant limit

Due to the limitations of the Stołowe Mountains National Park the limit of event participants is set at **900** athletes.

Classes

KM10, KM12, KM14, KM16, KM18, KM20, KM21, KM21E, KM35, KM40, KM45, KM50, KM55, KM60, KM65, KM70, KM75, KM80, KM85, KM90 (K for women, M for men) Open classes: Rodzinna (Family), Krótka (Short), Średnia (Middle), Długa (Long)

The organizer reserves the right to combine classes in case of small number of entries.

Cancellations

It is possible to modify your entry details free of charge (including its cancellation) until the end of an entry deadline. In case of entry cancellation after an entry deadline, we provide 50% refund.



Fees

	1st deadline 30.04.2022	2nd deadline 18.07.2022	late entry
KM10-KM16	15PLN / stage	20PLN / stage	25PLN / stage
Rodzinna,	60PLN /	80PLN /	100PLN /
Krótka	4 stages	4 stages	4 stages
KM18 and older,	30PLN / stage	40PLN / stage	50PLN / stage
Średnia,	120PLN /	160PLN /	200PLN /
Długa	4 stages	4 stages	4 stages

The validity of the entry within a given deadline is determined by entry fee payment to the organizer's account, not by the fact of just registering an entry via entry system.

Payments

Dolnośląski Związek Orientacji Sportowej ul. Borowska 1-3 50-529 Wrocław Poland IBAN : PL8711602202000000230177716 SWIFT: BIGBPLPW

Please include participant details (name and club) in bank transfer description.

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Punching system

SPORTident system will be used for punching during the event. The stations will operate in AIR+ mode.

It is possible to rent a SPORTident card from the organizer for 5PLN / stage. Please submit your request by e-mail(sudety@sudetycup.pl)by 18.07.2022.

Environment sustainability

Respecting the surrounding nature is extremely important, therefore during the competition we will try to reduce the negative impact of our event on the environment as much as possible - we will try to minimize the amount of generated waste and replace plastic with paper products where possible.

Prize

Gifts and diplomas for the TOP3 participants in each class in the general classification after four stages will be awarded.

Additional information

- The organizer provides medical care during the event
- The organizer has a valid third party insurance
- The organizer is not responsible for individual insurance of the participants
- The organizer is not financially responsible for any items lost during the event
- The event takes place in accordance with the guidelines and regulations of the Polish Government, the

COVID-19 policy

In case of event cancellation due to any government restrictions connected with COVID-19 pandemic, the organizer will provide 100% refund of all paid entry fees.

Minister of Health, the Minister of Sport and Tourism and the Chief Sanitary Inspector in force on the day of the competition.

- The organizer reserves the right to the final interpretation of this Bulletin
- By registering for the event you accept this Bulletin
- Further information about the event can be found at sudetycup.pl



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